

## Appendix 1: Outcomes for Staying Healthy for Longer indicators in Central Bedfordshire 2009 – 2015

Central Bedfordshire Council

Health Profiles

Produced by Public Health England

<http://www.apho.org.uk/resource/view.aspx?RID=50215>

Coloured indicator shows comparison with England for each year

Significantly better than England average

Not significantly different from the England average

Significantly worse than England average#

Indicator		Type	Time Period	2015					Trend 2009-2015 profiles	Trend line data (as per Health Profile)						
				CB Number	CB Value	England Average	England Worst†	England Best†		2010	2011	2012	2013	2014	2015 (June)	Latest (Dec 2015)
Children and young people's health	7 Smoking status at time of delivery	%	2014/15	336	11.1	11.4	27.5	1.9		17.4	15.4	12.6	14.1	13	12.6	11.1
	9 Obese children (Year 6)	%	2014/15	393	14.4	19.1	27.8	9.2		7.3	14.3	16.2	15.5	14.7	15.9	14.4
Adult's health and lifestyle	12 Smoking prevalence	%	2014	n/a	17.5	18.0	30	9		19.8	21.2	17.5	16.1	18.3	15	17.5
	13 Percentage of physically active adults	%	2014	n/a	60.9	57.0	43.5	66.7		12.1	11.3	10.9	55.8	55.8	53.8	60.9
	14 Obese adults	%	2012	n/a	23.7	23.0	35.2	11.2		24.8	24.2	24.2	24.2	23.7	23.7	23.7
	15 Excess weight in adults	%	2012-2014	n/a	69.1	64.6	75.9	45.9						69.1	69.1	69.1
Disease and poor health	18 Hospital stays for alcohol-related harm	DASR per 100,000	2013/14	1320	518	645	1231	366		1220	1374	1521	1521	518	518	518
	20 Recorded diabetes	%	2013/14	12062	5.9	6.2	9	3.4		3.63	5.08	5.3	5.5	5.7	5.9	5.9
Life expectancy and causes of death	25 Life expectancy - male	Years	2012-2014	n/a	81.5	79.6	74.3	83		79.1	79.2	79.5	80.1	80.5	81	81.5
	26 Life expectancy - female	Years	2012-2014	n/a	83.8	83.2	80	86.4		82.4	82.5	83	83.6	84	83.9	83.8
	28 Smoking related deaths	DASR per 100,000	2011-2013	333	255.6	289	472	167		183.6	202	192	182	261	255.6	255.6
	30 Under 75 mortality rate: cardiovascular	DASR per 100,000	2012-2014	409	61.9	75.7	137	37.1		63.5	59	56.6	51.9	64.8	62.6	61.9
	31 Under 75 mortality rate: cancer	DASR per 100,000	2012-2014	888	131.7	141.5	203	104		106.4	110.2	104	102.9	135	135	131.7

n/a in CB number = actual number not available † these values were published in the 2015 Health Profile and have not been updated here

Colour of indicator shows comparison with England in each year

NB definitions of some indicators has changed over time

Blue text shows a change in definition